



## Nutrition and Feeding Advancement in the Premature/NICU Patient

### ***Internet Live Activity***

**Date:** 05/25/2021

**Time:** 01:00 – 02:30 pm PDT

**Location:** Live Webinar (hosted via MS Teams)

### ***Accreditation:***

The Mednax Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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The Mednax Center for Research, Education, Quality and Safety designates this Internet Live activity for a maximum of 1.50 *nursing contact hour(s)*. Participants should claim only the credit commensurate with the extent of their participation in the activity.

### ***Disclosure of Financial Relationships:***

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*The planners, moderators or speakers of this activity have the following financial relationship(s) with commercial interests to disclose:*

**Kimberly Y Champawat, APRN** Disclosure(s) - I have no financial relationships to report. FDA Disclosure(s) – *I have none to report.*

**Shrena Patel, MD** Disclosure(s) - I have no financial relationships to report. FDA Disclosure(s) – *I have none to report.*

**Nicole Brenson, MS.Ed** Disclosure(s) - I have no financial relationships to report.

**Kassandra S Greci, DNP, APRN, WHNP-BC** Disclosure(s) - I have no financial relationships to report.

**Annie Nguyen-Vermillion, MD** Disclosure(s) – I have no financial relationships to report.

**Commercial Support:** There is no commercial support for this educational activity.

**Overview:**

In order to decrease the gap of the current state of practice, the Seattle Journal Club will provide a review of the literature and overview of 2-specific areas of feeding/nutrition in the VLBW & preterm neonate. At the end of the presentation, the attendees should be able to describe up-to-date evidence based practice related to the: 1) introduction of early feedings (breast or donor breast milk) to our smallest patients (VL and ELBW), and 2) use of specific volumes to advance to full feedings.

**Objectives: At the conclusion of this activity, the participant will be able to:**ACCME Objectives

1. Analyze current literature regarding early feeding advancement of the VL/ELBW neonates.
2. Discuss current literature regarding use of higher volume feedings to improve growth/outcomes.
3. Determine options for practice change in our NICU population.

CME – ACGME/ABMS Competencies

1. Patient Care and Procedural Skills
2. Medical Knowledge

ANCC Learning Outcomes

1. Analyze current literature regarding early feeding advancement of the VL/ELBW neonates.
2. Discuss current literature regarding use of higher volume feedings to improve growth/outcomes.
3. Determine options for practice change in our NICU population.

ANCC – IOM Competencies

1. Work in Interdisciplinary teams
2. Employ evidence-based practice

**Evaluation, Attendance and Credit:**

Within <https://mednax.cloud-cme.com>, click My CE and then select Evaluations and Certificates. Follow the instructions to record attendance/time spent and complete the brief evaluation. You will have the option to email the certificate of attendance to your mailbox or download it as a pdf.